

# c104 Orrest Head & Troutbeck from Windermere

Windermere is on the A591 Ambleside to Kendal Road

The walk shown is for guidance only and should not be attempted without suitable maps.

## Details

Distance:	11.5km (7¼ miles)
Total Ascent:	380m (1247ft)
Time:	3¾ hrs Grade: 4
Maps:	OS Landranger® 90 & 96/97 or OS Explorer Map™ OL7
Start/Finish:	Windermere Tourist Information Centre, Cumbria
Grid Ref:	SD413987
Sat Nav:	N54.3804 W2.9053

Keep a record of which mountains you have climbed with [go4awalk.com](http://go4awalk.com) Peak Bagging maps and lists.

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With thanks to: David Sproson, Dave Holden & Norman Cowell

A gentle stroll to fine views

➊ Go N from Windermere Tourist Information Centre and cross the A591 Kendal to Ambleside Road. Continue N on a tarmac lane to the left of The Windermere Hotel signed 'Orrest Head'. Stay on the lane as it winds its way up through woods following signs for 'Orrest Head'. At the end of the lane, continue climbing on a rough track until it bends ESE (right) by a wall to reach an iron kissing gate. Go through and climb N up rough stone steps to reach the summit of Orrest Head. (1½ km)

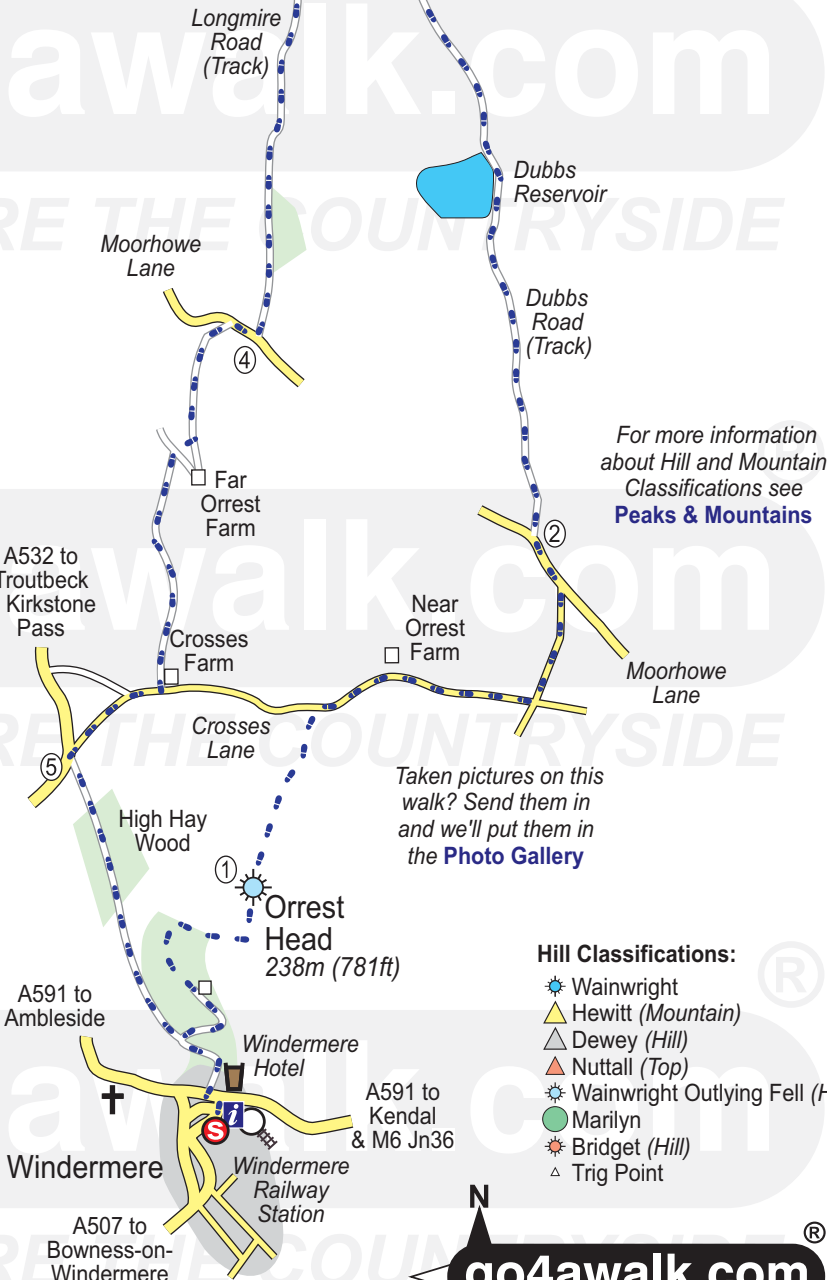
➋ Continue NNE from the summit to descend to a road (Crosses Lane). Go E on the road to reach a crossroads. Go NNE (left) for 450m to reach a junction. (2km)

➌ Bear NNW (left) for 200m before leaving the road to go N on a stony track (Dubbs Road). Continue N on Dubbs Road passing Dubbs Reservoir to reach a junction just beyond a small plantation. (3km)

➍ Go SW (left) to gently descend on a second track (Longmire Road). At a fork bear S (left) to reach a T-junction with Moorhove Lane. (2km)

➎ Go NW (right) for 150m and then SW through a signed gate to follow a track S. Go through the left of two gate openings to follow a level track to the left of a wall. Just before reaching Far Orrest Farm go SW (right) through a gate signed 'Crosses Farm'. Descend fields and cross a farm road via stiles and then follow a track SSW to reach a lane near Crosses Farm. (1½ km)

➏ Go W (right) on the lane and fork SW (left) to reach the A592 Kirkstone Road. Go SSE through a gate signed 'Orrest Head' and follow a path SSE through High Hay Wood. Continue SE ignoring all side tracks to return to Windermere and the start. (1½ km)



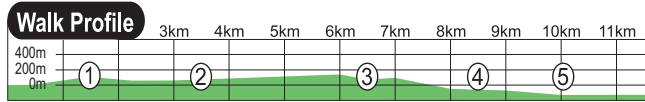
For more information about Hill and Mountain Classifications see [Peaks & Mountains](#)

Taken pictures on this walk? Send them in and we'll put them in the [Photo Gallery](#)

- Hill Classifications:**
- ☀ Wainwright
  - ▲ Hewitt (Mountain)
  - △ Dewey (Hill)
  - ▲ Nuttall (Top)
  - ☀ Wainwright Outlying Fell (Hill)
  - Marilyn
  - ☀ Bridget (Hill)
  - △ Trig Point



Printable Route Maps, GPS Waypoints, Competitions, Places to Stay, Discussion Boards, Gear Tests, Photograph Gallery & much, much more...



The information given in this document has been provided in good faith. It is intended only as a general guide. We advise you to verify the accuracy of information before relying on it. It is the responsibility of individuals to approach outdoor activities such as the one described on this page with caution. The activity described can be strenuous & individuals should ensure they are fit enough before embarking upon it. If in doubt, seek medical advice. Appropriate equipment & maps should always be carried, along with suitable clothing & footwear. Always follow the Countryside Code. More information about the Countryside Code, clothing, equipment & how to use it can be found on the [go4awalk.com](http://go4awalk.com) website. This document may be downloaded from the [carrentals.co.uk](http://carrentals.co.uk) web site & printed for personal use only except under TMDH Limited licence number: TPC01006. Nothing may be added, deleted or amended in any way. In any event, this document & the information contained within it is & remains the sole property of TMDH Limited & is protected under Copyright © TMDH Limited 2017. All rights reserved. go4awalk.com is a registered trade mark of TMDH Limited. Landranger® is a registered trade mark & Outdoor Leisure™ & Explorer™ are trade marks of Ordnance Survey, the national mapping agency of Great Britain. © Crown Copyright 2000. All rights reserved.