

le102 Sproxtan and Croston from Buckminster

Buckminster is on the B676 E of Melton Mowbray and SW of Grantham



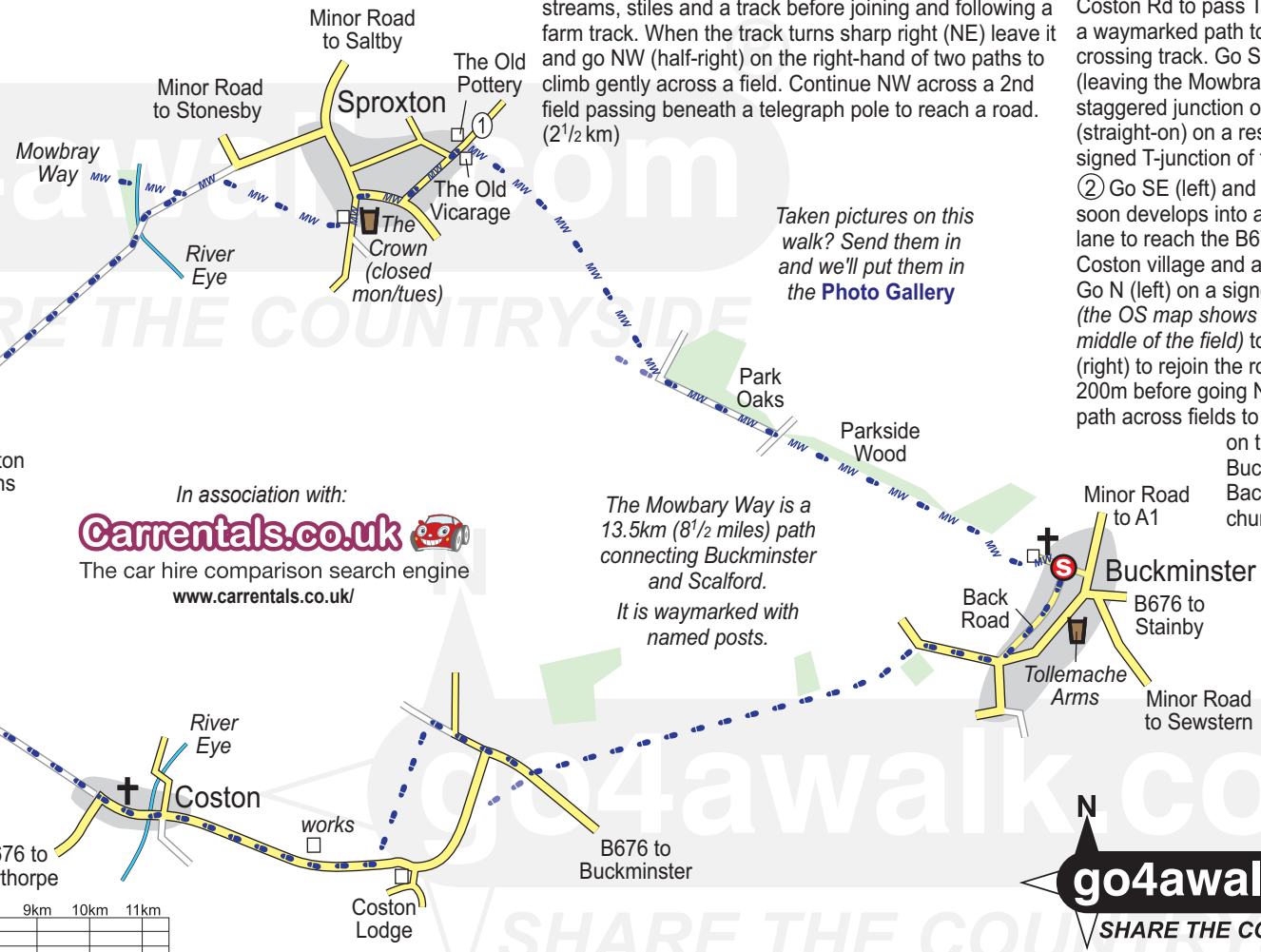
The walk shown is for guidance only and should not be attempted without suitable maps.

Details			
Distance:	11.5km (7¼ miles)		
Total Ascent:	157m (515ft)		
Time:	3hrs	Grade:	3
Maps:	OS Landranger® 130 or OS Explorer Map™ 247		
Start/Finish:	Buckminster Church, Leicestershire		
Grid Ref:	SK880230		
Sat Nav:	N52.7976 W0.6965		

With thanks to Chris Stenton, Gordon Hurn & Madeleine Donaldson

- Hill Classifications:**
- ▲ Hewitt (Mountain)
 - △ Dewey (Hill)
 - ▲ Nuttall (Top)
 - Marilyn
 - ⊙ Bridget (Hill)
 - △ Trig Point

For more information about Hill and Mountain Classifications see **Peaks & Mountains**



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Quiet tracks and paths with fine views

S From the church go WNW on a track (The Mowbray Way) to the left of a large house. Go through a gate and continue diagonally across a field and then by the field boundary. Continue WNW on a grassy path crossing streams, stiles and a track before joining and following a farm track. When the track turns sharp right (NE) leave it and go NW (half-right) on the right-hand of two paths to climb gently across a field. Continue NW across a 2nd field passing beneath a telegraph pole to reach a road. (2½ km)

Taken pictures on this walk? Send them in and we'll put them in the **Photo Gallery**

The Mowbray Way is a 13.5km (8½ miles) path connecting Buckminster and Scaford. It is waymarked with named posts.

① Go SW (left) on the road (Stow Hill) and descend to a T-junction in the village of Sproxtan. Go NW (right - signed 'Saltby 1¼') to reach Sproxtan Green. Go SW (left) on Coston Rd to pass The Crown. Go W (right) on a waymarked path to cross fields, climbing to a crossing track. Go SW (left) on the track (leaving the Mowbray Way en-route) to reach a staggered junction of tracks. Continue SW (straight-on) on a resurfaced track to reach a signed T-junction of tracks. (3½ km)

② Go SE (left) and follow a grass track that soon develops into a stony track and then a lane to reach the B676. Go E (left) through Coston village and along the B676 for 1000m Go N (left) on a signed path along a field edge (the OS map shows this path crossing the middle of the field) to reach a track. Go ESE (right) to rejoin the road. Continue ESE for 200m before going NE (half-left) on a signed path across fields to reach a road. Go E (right) on the road to return to Buckminster and then NE on Back Road to return to the church and the start. (5½ km)

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The information given in this document has been provided in good faith. It is intended only as a general guide. We advise you to verify the accuracy of information before relying on it. It is the responsibility of individuals to approach outdoor activities such as the one described on this page with caution. The activity described can be strenuous & individuals should ensure they are fit enough before embarking upon it. If in doubt, seek medical advice.

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