



at114 Glenariff Forest Park

Glenariff Forest Park is on the A42 between Ballymena and Cushendall

The walk shown is for guidance only and should not be attempted without suitable maps.

Details	
Distance:	11km (6 ³ / ₄ miles)
Total Ascent:	220m (722ft)
Time:	3 ¹ / ₄ hrs Grade: 3
Maps:	OS Discovery Series® DY09
Start/Finish:	Glenariff Forest Park, Co Antrim, Northern Ireland
Grid Ref:	D210203
Sat Nav:	N55.0152 W6.1077

With thanks to Mike Stroder

Forest paths and cascading waterfalls

⑤ From the Glenariff Forest Car Park make your way to the Tea House. Follow a path waymarked with white arrows across the grass slope below the Tea House before turning right up a track. Immediately leave the track and go left through gardens and then descend steps to a shelter. Go S (right) on a track through the forest to reach a bridge over the River Inver. Don't cross but continue S following the river (on your left) upstream past a waterfall to reach another shelter. At a path junction above the shelter go left and follow a meandering path that rounds the head of the valley and crosses three footbridges. (2 km)

① Beyond the 3rd bridge follow a path waymarked with red arrows NE through the trees with fine northerly views before zig-zagging SW (left) down a grassy track. Continue to follow the 'red arrowed' route NE above the River Inver past numerous waterfalls to reach a bridge. (5¹/₂ km)

② Cross and continue N (right) at the path junction beyond. Go right at the next junction to cross a footbridge near the Manor Lodge (restaurant). Go W (left) beside the Glenariff River to the base of a huge waterfall. Follow the red arrows zig-zagging up the cliff before continuing W upstream past more waterfalls. Cross the river at a footbridge to reach the Glenariff Forest Park access road. (2 km)

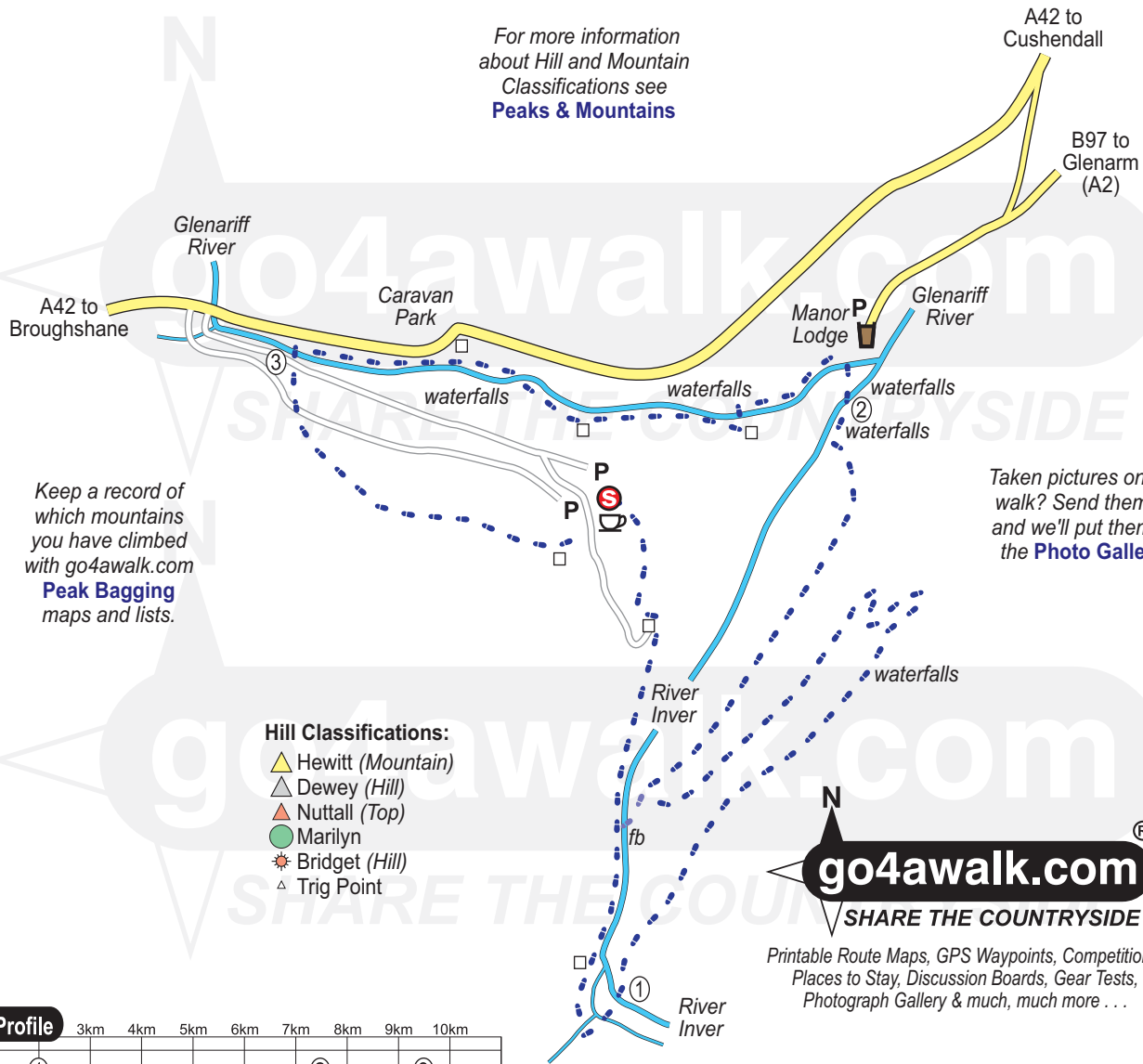
③ Cross and follow the 'red route' path that runs parallel to the Glenariff Forest Park access road before leaving it to descend back to the parking area and the start. (1¹/₂ km)

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www.carrentals.co.uk/

For more information about Hill and Mountain Classifications see [Peaks & Mountains](#)

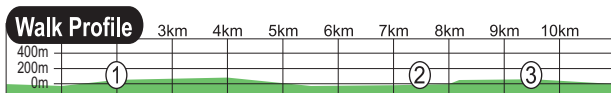


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Hill Classifications:

- ▲ Hewitt (Mountain)
- ▲ Dewey (Hill)
- ▲ Nuttall (Top)
- Marilyn
- ☀ Bridget (Hill)
- △ Trig Point



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The information given in this document has been provided in good faith. It is intended only as a general guide. We advise you to verify the accuracy of information before relying on it. It is the responsibility of individuals to approach outdoor activities such as the one described on this page with caution. The activity described can be strenuous & individuals should ensure they are fit enough before embarking upon it. If in doubt, seek medical advice.

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